

Communication skills of rural adolescent girls of Jorhat district of Assam

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■ABSTRACT: Communication is a two-way process. It is the meaningful exchange of information between two or a group of living creatures. The use of effective communication skills is an important social competency. An adolescent's level of maturity is closely related to levels of communication. Well-developed communication skills are essential skills for academic pursuits and for future life. Communication stands so deeply rooted in human behaviours and the structures of society. Communication skill is very much essential for village girls, because they are deprived part of population. One study was carried out on one hundred and fifty (150) girls within the age group of 10-18 years from five (5) villages of Jorhat district of Assam. Villages were selected randomly from all the Developmental Blocks of Jorhat district of Assam. After collection of information, intervention programmes were arranged for these girls. Intervention programme included trainings in different areas, stories, lectures accompanied by charts, posters and other teaching aids were used for intervention. Slide shows were also arranged to impart information on different topics to improve their knowledge as well as communication skills. Their knowledge was assessed both before and after intervention. Significance difference was found between knowledge at pre and post-test in all the aspects.

■ **KEY WORDS**: Communication, Skills, Adolescent girls

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